

School and Youth Health

As School Health Programme aims to improve the health of entire students, the programme is in keeping along the track of Health Promoting School up to the community level. The Education sector plays the ownership role and the Health sector is mainly providing the technical support for implementation of the 9 components of Health Promoting Schools:

- Comprehensive School Health Education,
- Healthy School Environment,
- Nutrition Promotion and Food Safety,
- Prevention of Diseases,
- School Health Services,
- Sports and Physical Activities,
- School to Community Outreach,
- Counselling and Social Support,
- Training and Research.

This ongoing process was found to have some progress from year to year.

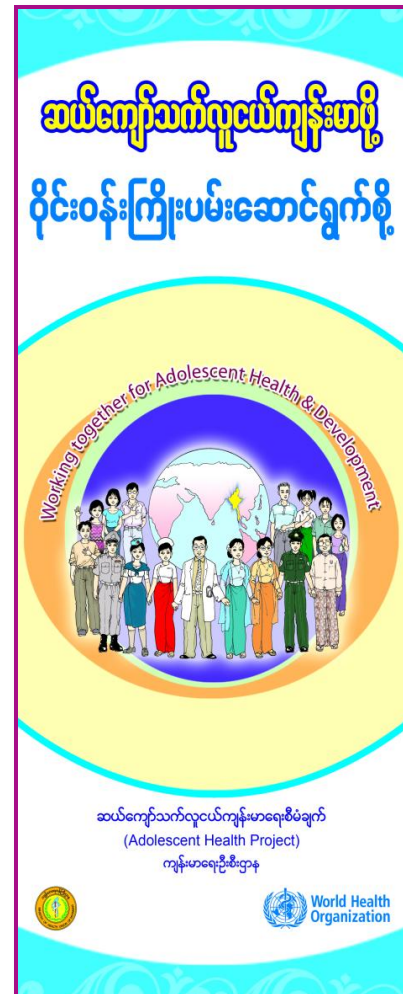
School Health Week of 2009 ceremonies had been carried out in Nay Pyi Taw and all States and Divisions in the 2nd week of August. School Health Project had undertaken special 2009 School Health Week Activity at Thitpokepin Village of Lewai Township on July 28, 2009 in collaboration with Myanmar Maternal and Welfare Association. The following health promoting school activities were

carried out in all schools during school health week annually.

- School Environmental sanitation
- School Health Education
- School Medical Examination and Treatment
- Prevention of Disease
- School Nutrition Promotion

All school children, school health personnel, authorities concerned and community are aware of the scope of vision for development of health promoting schools.

A workshop on Strengthening of School Sanitation and Hygiene Education Program has been conducted in Nay Pyi Taw during October 14-15, 2009 with various related departments. The Regional Advisor, Health Promotion and Education, WHO SEARO also participated. Participants were given learning



opportunities regarding water, sanitation and hygiene promotion in schools and relevant approaches to improving school health activities through genuine participation of students, parents and community groups so that they can look after themselves and others.

Adolescent and Youth Health

The Ministry of Health is committed to promoting and maintaining the health status of adolescents and youths through Youth Health Project in collaboration with related sectors. A National Workshop for early implementation of five year strategic plan for Adolescent Health and Development (2009-2013) was organized in 2009 with various related sectors and inputs were obtained through discussions mainly addressed to the problems of adolescent and youth health.

Strategic Directions for Adolescent Health and Development

- Creating supportive and enabling environment
- Improving the provision of information and skills to adolescents
- Improving accessibility and utilization of health services